

# Mentone LSC Update for 6 July

## General Club News

### **We need you on the committee - Yes You!**

Our AGM is on Thursday 28 July. I ask that you seriously consider becoming part of our committee. This club is going places but it needs new people to take responsibility and help lead our club into the future. We also need to ensure that we have a good diversity on our committee. As a committee we have recognised that our gender balance is not right and there are too many grey heads in the room. So we need young vibrant members, some of whom are female to step up! Our club profile is simply not replicated at the committee level. This is not good for our club.

Sharing the load means we all work together to get a great result. There is a great variety of positions for you to fit in.

So accept the challenge and call me to discuss this important opportunity.

Russel I Rees - President 0419394880

You can find the nomination form here

[http://www.mentonelsc.com/uploads/1/0/5/0/10503678/agm\\_nomination\\_form.pdf](http://www.mentonelsc.com/uploads/1/0/5/0/10503678/agm_nomination_form.pdf)

### **Club Membership Renewals 2016/17 Season**

Registrations are now open and we invite you to complete your renewal now to enjoy the earlybird discount. If you/your family are participating in winter activities please renew as soon as possible.

Our early bird discount offer applies to memberships renewed before 30th September 2016.

2016/17 Early Bird Membership Fees:

Family: \$210.00

Senior: \$110.00

Junior: \$75.00

Links to the SLSA Members Portal and instructions for renewing can be found on the Mentone Lifesaving Club website - <http://www.mentonelsc.com/renewing-member.html>

### **Membership Renewal Help Sessions**

The Admin team will be conducting renewal help sessions as follows:

- Saturday 23rd July 3.00 to 4.30pm
- Saturday 31st July 3.00 to 4.30pm

If you are experiencing problems with the Members Portal and the registration process, please contact SLSA on 1300 724 006 or the Mentone LSC Admin Team at

[membershipmlsc@gmail.com](mailto:membershipmlsc@gmail.com) for further assistance.

### **Mentone LSC Term 3 Swim Training for Adults and Nippers Monday Nights at Bayside Aquatic**

The Mentone LSC Swim Training will start on 11 July. This training is for technique and conditioning and is meant for competent swimmers ages 9 to 90. We have moved to a new night and new location this term. Swimming this term will be on Monday nights and will be held at Bayside Aquatic in Mentone. Coaches for this term will be Joel Simondson and Hannah Schmidt. We will have Nippers and 1 lane of adults start at 7:45pm (for Parents swimming with Nippers). We will have additional lanes open from 8pm for the adults. We will finish up at 8:45pm for the Nippers and 9pm (for any adults that start at 8pm). This is great activity for adults and Nippers and is especially good for anyone preparing for their Bronze Medallion.

Casual cost will be 10 session in Term 3. Rate will be \$10 casual (per session) and \$70 for the term. There is a 50% discount for each family member beyond 2.

We have limited spots and we will reach capacity quite quickly. If any adults or Nippers want to take part please let Greg Schmidt [gregoryschmidt@yahoo.com](mailto:gregoryschmidt@yahoo.com) know right away.

### **U14 and Senior Training Information Meeting for Next Season 7pm 15 July at Mentone LSC**

There will be a meeting for Seniors and U14s 7:00pm on Friday 15 July at the club to present the training program for the upcoming season and to introduce the coaches. Parents and athletes are strongly encouraged to attend. We'll have some nibbles and the bar will be open.

## **Juniors (Nippers)**

### **Pool Carnival - U12 to Masters**

The next Senior Pool Carnival is approaching on the 17th July at Watermarc, Greensborough. If you would like to complete please register via your members portal by 4.00pm on Sunday 10th July. Further details: <http://www.mentonelsc.com/pool-lifesaving-competition.html>

### **Winter Nippers**

Winter Nippers is on for this Saturday 9 July. Weather forecast is for sunny and a warm 14. Come down and enjoy a run and/or paddle with your Nipper. Parent info session will be on Wetsuits (Types, Sizes, Care and Purchasing)

Also be sure come down and enjoy the **new Mentone LSC clubhouse heater.**

Our next day trip to Anglesea SLSC will be Saturday 16 July 2:30pm to 5pm. We are still looking for folks to tow the trailer.

### **Discount for Personal Nipper Board or Mal from Kracka**

Mentone LSC has changed their board supplier to Kracka. Kracka is a premiere supplier of

Lifesaving boards in Australia. We invite any club member who wants to purchase a personal board to take part in the club purchase to get a 10% discount on Kracka Nipper Board or Mal (Paddleboard). You will be able to order whatever size and style of board you want and with any (optional) custom artwork while getting the 10% discount. The deadline for having your order ready and paying the deposit (20% of total) is 20 July. Boards should arrive in early to mid November.

For more information on Kracka Nipper boards go to <http://www.krackasurfcraft.com.au/Our-Boards/Junior-Nipper>

For more information on Kracka Mals (Paddleboards) go to <http://www.krackasurfcraft.com.au/Our-Boards/Paddleboards>

Contact Greg Schmidt [gregoryschmidt@yahoo.com](mailto:gregoryschmidt@yahoo.com) or 0428 027 577 with any questions or if you are interested purchasing a personal Kracka Board.

### **Harriet Brown Training Session 21 August Anglesea SLSC**

Harriet Brown, National Lifesaving and Triathlete Champion will be doing a training session for Mentone LSC competitors on 21 Aug at Anglesea SLSC.& nbsp; If you have registered interest with Greg Schmidt please make sure to pay a \$20 deposit (per Nipper) via the [online payment portal](#).

Click on Lifesaving online (middle top of screen)

Click on Make Payment (middle right of screen)

Enter this info

Transaction Type: Special event

Meaningful Payment details: Deposit Harriet Brown Training Session for [insert your Nipper(s) name here]

Amount \$20 per Nipper

We also will need plenty of parent help during the day for Water Safety, Trailer hauling, Barbeque and General Help.

If you have any questions, want to volunteer to help or if you have any questions contact Greg Schmidt [gregoryschmidt@yahoo.com](mailto:gregoryschmidt@yahoo.com).