

Mentone LSC Weekly Update 15 June

General Club News

Club Membership Renewals Starting 1 July

Information about renewing your club membership will be provided on 22 June. (Membership for the current season expires on 30 June). If you are taking part in Mentone LSC activities this winter please be sure to get your membership renewed in early July.

Mentone LSC AGM - July 2016

Mentone LSC will hold its annual AGM in mid July. Information about AGM including, officers for election, dates and times will be sent out by 22 June.

Juniors (Nippers)

Winter Nippers is on for Saturday 18 June 3pm to 5pm

Be sure to bring runners, running gear, pink rashie, wetsuit and \$3 for Hot Milo and a donut.

Parent information session for Winter Nippers on 18 June will be Greg Schmidt presenting "First Aid Basics for Parents" 3:30pm to 4pm.

Harriet Brown Training Session 21 August Anglesea SLSC

Harriet Brown, National Lifesaving and Triathlete Champion will be doing a training session for Mentone LSC competitors on 21 Aug at Anglesea SLSC. If you have registered interest with Greg Schmidt please make sure to pay a \$20 deposit (per Nipper) via the online payment portal.

We also will need plenty of parent help during the day for Water Safety, Trailer hauling, Barbeque and General Help.

If you have any questions, want to volunteer to help or if you have any questions contact Greg Schmidt gregoryschmidt@yahoo.com.

Next Winter Nipper Anglesea SLSC Daytrip 16 July

The next Winter Nipper training session at Anglesea SLSC will be 16 July 2:30pm to 5pm.

This session will be focused on Nipper Board and Mal practice in the waves.

Indoor Lifesaving SEBA Carnival

The First SEBA indoor Lifesaving carnival is this Friday night (6:30pm to 9:30pm) 17 June at Kingswim in Dingley. There will be events from U7-U14. Cost for competing is just \$3.

If you would like to have your Nipper compete contact Gavin Roberts littlemartarts@bigpond.com

Mentone LSC Indoor Swimming Term 3

Term 3 Mentone LSC Swimming, for adults and Nippers, will be on **Monday nights** next term starting **11 July**. The coaches for next term will be **Joel Simondson and Hannah Schmidt**. More details to follow next week.

If you have any questions if you have any questions contact Greg Schmidt gregoryschmidt@yahoo.com.