

Mentone LSC Weekly Update 1 June

General Club News

Starfish Nippers Program in the Media

There was a recent article in The Age about The Starfish Nipper Program in Victoria. Starfish Nippers is a life-saving skills program for children with special needs. Mentone LSC is one of the initial Life Saving clubs in Victoria to have a Starfish Nippers Program. For more information on Starfish Nippers contact Brian Kirk bkirk5@me.com.

Here is the article on Starfish Nippers in the The Age

<http://www.theage.com.au/victoria/lifes-finally-a-beach-for-people-with-disabilities-20160114-gm5vui.html>

Mentone LSC Needs Sponsors

It takes a lot of resources to keep all of Mentone LSC programs going. A key part of our success comes from the support we get from our sponsors. We are actively looking for additional sponsors for Mentone LSC for a variety of support from small (eg Gift Vouchers) medium (sponsor a Nipper Board) to large. If you or your company would like to help the club please contact Shad Wall Shad.Wall@clarkequipment.com or Greg Schmidt gregoryschmidt@yahoo.com.

MLSC Trivia Night 2016

The club held its first Trivia Night last year as a lead up to the start of the season and we want to have a crack and doing it again bigger and better of course.

We are looking for folk who can help with organising prizes, selecting the quizmaster, help dressing the tables etc. Its fun to get involved!

If you want to do a bit of voluntary stuff for the club and help with this event please contact clarkemartin@bigpond.com

Advanced Life Saving Camp

Life Saving Victoria is looking for Expressions of Interest from members who would like to attend the 2016 Advanced Lifesaving Camp to be held from Monday 26, September to Friday 30 September. The goal of the Advanced Lifesaving Camp is to enhance the training and development of Gold Medallion Lifesavers and Lifeguard recruits. This program will have a strong focus on high performance and practical learning. For more info go to <http://lsv.com.au/wp-content/uploads/Circular-205.05.16-Advanced-Lifesaving-Camp-Candidates-Expression-of-Interest.pdf>

Juniors (Nippers)

Winter Nippers at Angelesea SLSC this Saturday 4 June 2:30pm - 5:00pm

Winter Nippers is at Anglesea SLSC this Saturday. There is **no Nippers at Mentone LSC this Saturday 4 June.**

This is an outstanding chance to get in some practice on waves (especially for the younger competitors and the last season U13s who are transitioning to Mals). The current wave forecast looks good for training. Slight breeze, glassy 1/2 metre waves and 14 second period between waves.

Parent and Nipper info session by Greg Schmidt "Intro to Anglesea SLSC including Facilities and relationship with Mentone LSC" from 2:30pm - 2:45pm (before the run)

We will have plenty of club Mals (including for adults), Nipper Boards and Foamies available. Thanks to Shane Waata and Fraser Moore for towing the trailers.

We will have a run, board and swim session followed by Milo, Donuts and Lattes for the adults.

Be sure to bring

- Running Gear
- Swim Cap
- Goggles
- Board Wax
- Runner
- Pink Rashie
- Wetsuit 3/2 Steamer (minimum)
- \$3 for a hot Milo and Doughnut
- Change of clothes

For the full schedule and information for entire Winter season go to <http://www.mentonelsc.com/mentone-lsc-winter-nippers.html>

Any questions about Winter Training contact Greg Schmidt gregoryschmidt@yahoo.com

Next Winter Nippers Session, 11 June at Mentone LSC

Parent Info Session will be on First Aid Basics by Greg Schmidt

Indoor Lifesaving SEBA Carnivals Announced

The South Eastern Beaches Association (SEBA) has announced the dates for the indoor lifesaving mini-carnivals to be held at Swimright in Dingley. The dates will be Friday, 17 June and Friday 29 July from 6:30pm to 9:30pm. There will be events from U7 to U14. Cost for competing is just \$3.

For more info or if you would like to have your Nipper compete contact Gavin Roberts littlemartarts@bigpond.com

