

Mentone LSC Weekly Update 25 December

General Club News

Mentone LSC New Years Eve Party

Mentone LSC will be hosting a family New Year's Eve Party on 31 December. Doors open at 7:30.

There will be live music, Pizza supper and drinks at bar prices.

Entry cost \$20 Adults and \$5 for kids.

Don't forget to book here online <http://goo.gl/pUCVwc>

Next Mentone LSC Open Mic Night Thursday 7 January

Our first open mic night drew some amazing performances from our full range of members. We had piano, violins and solo guitar singers.

Don't miss the next one on Thursday 7th of January when the Summer Kitchen returns for meals.

Mentone LSC Summer Kitchen re-opens on 7 Jan

Mentone LSC Summer Kitchen will re-open on Thursday 7 Jan, 2016.

Register for dinner at the Mentone LSC Summer Kitchen at <https://goo.gl/K7uJqP>.

Juniors (Nippers)

Cosy Corner Lifesaving Carnival 2 Jan

Next Junior Carnival is 2 Jan at Cosy Corner (Torquay foreshore near The Esplanade). Please arrive at 7:30 to help unload the trailer.

List of events can be found at

http://www.lifesavingvictoria.com.au/resources/documents/Cosy_Corner.pdf

Mentone LSC Development Squad Training for U12, U13, U14

Mentone LSC provides development training for U12, U13 and U14. This training is done by Mentone LSC Seniors and is free of charge. Training includes board, swim and sand.

New Training available Timetable for Development, High Performance and General Training.

http://www.mentonelsc.com/uploads/1/0/5/0/10503678/mentone_lsc_training_schedule_2015_-2016.pdf

Nippers Returns 10 Jan

Sunday Nippers will be back on 10 Jan.

Upcoming Age Group Nights

Individual Age Groups will have Thursday and Friday night designated to their age group. These nights are a great way to have Nippers and parents socialise and enjoy the club.

Upcoming Age Group Nights:

- U9 Friday Feb 5th
- U10 Thursday Jan 21st
- U11 Friday Dec 18th
- U12 Thursday Feb 11th
- U13 Thursday Feb 18th
- U14 Thursday Feb 4th

Seniors

Training available Timetable for Development, High Performance and General Training.

http://www.mentonlsc.com/uploads/1/0/5/0/10503678/mentone_lsc_training_schedule_2015_-2016.pdf

Senior News and Info

To keep up to date on the Senior news and information join our Senior Competition Facebook Page:

<https://www.facebook.com/groups/156518138013517/>

Be sure to follow us on:

Web <http://www.mentonlsc.com>

Facebook <https://www.facebook.com/Mentone-Lifesaving-Club-134248189970238/>

Instagram <https://instagram.com/mentonelifesavingclub/>

Twitter https://twitter.com/mentone_lsc