

# Mentone LSC Weekly Update 2 December

## General Club News

### **Mentone LSC Summer Kitchen now open Thursday and Friday**

Enjoy the fantastic weather forecast for Thursday and Friday by making a booking for a family meal down at the club. With the mini carnival planned for Friday night make sure you book so you are not disappointed. Also for some fun keep an eye out for our first open mic night Thursday 10th of December at 7:30pm.

Register for dinner at the Mentone LSC Summer Kitchen at <https://goo.gl/K7uJqP>.

### **Mentone Open Water Swim**

Volunteers needed. We need setup help 7am to 9:30am and registration help 9am to 11am. Please contact Brian Kirk at [bkirk5@me.com](mailto:bkirk5@me.com) or 0418 517 811.

For more info go to <http://www.mentonelsc.com/mentone-open-water-swim.html>

### **Mentone New Years Eve Party Committee**

If anyone would like to join the New Years Eve committee please contact Clarke Martin [clarkemartin@bigpond.com](mailto:clarkemartin@bigpond.com). It is going to be a great night!

### **Membership**

The Admin Team will be upstairs in the club rooms during nippers to assist with new memberships and renewals.

### **Working with Children Check**

it is Lifesaving Victoria policy that all members over 18 hold a valid WWCC. If you haven't already provided these details, please do so as a matter of priority. Email to [membershipmlsc@gmail.com](mailto:membershipmlsc@gmail.com) Full details and links: <http://www.mentonelsc.com/working-with-children-check.html>

## **Juniors (Nippers)**

### **Mentone Mini Carnival Friday 4 December (arrive at 5:30pm for a 6pm start with a 7:30 finish)**

This mini-carnival will give Nippers a chance to try out carnival events (board, swim, wade, flags, sprint) in a casual and fun atmosphere. Be sure to register for dinner after the mini carnival at <https://goo.gl/K7uJqP>.

### **Mentone LSC Development Squad Training for U12, U13, U14**

Mentone LSC provides development training for U12, U13 and U14. This training is done by Mentone LSC Seniors and is free of charge. Training includes board, swim and sand.

Schedule for Development Squad can be found at

[http://www.mentonelsc.com/uploads/1/0/5/0/10503678/mentone\\_lsc\\_training\\_schedule\\_31-10-15.pdf](http://www.mentonelsc.com/uploads/1/0/5/0/10503678/mentone_lsc_training_schedule_31-10-15.pdf)

### **Beach Road Closed on Sunday morning**

Beach Road near the club will be closed on Sunday morning for a triathlon. Make sure you alter your travel route and give yourself extra time to get to Nippers on Sunday.

### **Next Nippers Sunday**

6 December 10am. Weather forecast is for a high of 31 degrees and mostly sunny.

### **Upcoming Age Group Nights**

Individual Age Groups will have Thursday and Friday night designated to their age group. These nights are a great way to have Nippers and parents socialise and enjoy the club.

Upcoming Age Group Nights:

- U8 Thursday Dec 17th
- U9 Friday Feb 5th
- U10 Thursday Jan 21st
- U11 Friday Dec 18th
- U12 Thursday Feb 11th
- U13 Thursday Feb 18th
- U14 Thursday Feb 4th

## **Seniors**

### **Change in Location for Senior Carnival on 13 December**

Bancoora SLSC has now been relocated to Ocean Grove SLSC, and will be held on the same day, Sunday, 13 December.

### **Senior News and Info**

To keep up to date on the Senior news and information join our Senior Competition Facebook Page:

<https://www.facebook.com/groups/156518138013517/>

## **Training and Awards**

### **Next Bronze Requal 11 December 5pm**

All BM Requals be sure to do your online theory assessment at

<http://mt.lsv-from-anywhere.com.au/login?org=lsv#> prior to requal and bring printout of test results with you.

## **Patrol**

### **Water Safety for Mentone Open Water Swim 5 December**

For the Mentone Open Water Swim on Saturday 5 December will need all SRCs and BM (excluding Team 2 who has been rostered for duty on Sunday 6 December). Team 6 has been rostered to start at 10, as they are required to stay until the end of the day. Any non-rostered SRC or BM is welcome to come to the club and help with water safety. **Bring your wetsuit.**

*Please arrive at 9:00am and be ready for water safety briefing at 9:30am.*

### **New SRCs and Bronze Medallions**

Congratulations and well done to all who completed their SRC/Bronze assessment last Saturday. Fantastic effort by all including our trainers and assessors. It takes a lot of commitment by everyone to get this done and the club appreciates the time put in by all (including the parents who have to juggle the calendars and manage logistics).

### **New Patrol Roster**

The Patrol Roster has been revised and is attached for your information. You will notice that we have reduced the teams down to 7 teams.

### **Silver Medallion Training in Basic Beach Management**

In order to have a full patrol team we need have a range of

awards on the team (e.g. Spinal, Advanced Resuscitation Techniques). We are in great need for individuals to be certified as Silver Medallion in Basic Beach Management. A course is being held

Carrum Surf Life Saving Club on Sunday 6th December at 9:00am - 5:00pm.

To register for the course, please go to [www.lsv.com.au/membertraining](http://www.lsv.com.au/membertraining) and login to LSV from Anywhere using your skills maintenance login details. If you have not logged in previously this season please create a new account. Once you are logged in please select New Awards and register into the course following all prompts.

### **Mentone Pinkhats**

The Mentone Pinkhats is a community swim that takes place every Saturday at 8am. This is a mixed skills group that welcomes new members who want to learn how to swim in open water. Meet at Mentone LSC at 8am on Saturday mornings.

Be sure to follow us on:

Web <http://www.mentonelsc.com>

Facebook <https://www.facebook.com/Mentone-Lifesaving-Club-134248189970238/>

Instagram <https://instagram.com/mentonelifesavingclub/>

Twitter [https://twitter.com/mentone\\_lsc](https://twitter.com/mentone_lsc)