

Mentone LSC Weekly Update for 20 June

General Club News

Tax Deductible Donation to Mentone LSC

You can make a Tax Deductible Donation to Mentone LSC just in time for the end of the tax year. All donations contribute to helping support the many programs and services that we run year round at Mentone LSC. To make a donation follow these steps:

- Go to this [link](#)
- Select Transaction Type: *Donation*
- Make sure to enter your email address to receive your receipt.

Bay Trail Extension News - Make Sure to Let Kingston City Council Know

How your Feel

If you would like to express your opinion on the proposal please contact Kingston City Council at 1300 653 356, ask to speak to your local councillor and express your view. You may also like to complete the petition please signed the attached form and mail to Do Not Narrow Beach Road, PO Box 567, Mentone 3194 before 23 June 2017.

Mentone LSC Finalists for LSV Awards of Excellence

Mentone LSC has several finalists for the LSV Annual Awards of Excellence. Winners will be announced 29 July. Mentone LSC Finalists include:

- Nat Clucas - Female Athlete of the Year
- Hannah Schmidt - Female Athlete of the Year
- Dwayne Cananzi - Official of the Year
- Greg Schmidt - Nipper Program Volunteer of the Year
- Anglesea R&R Teams - Outstanding Achievement of the Year
- Anglesea Mixed 5 Person R&R - Team of the Year

Mentone LSC AGM Rescheduled new Date 20 July 2017

Mentone LSC annual AGM has been rescheduled for 20 July 7:30pm at the club.

Congratulations to Mentone LSC Athletes in Cross Country

Congratulation to the following Mentone LSC Athletes for their success in Cross Country

- Millie Belleville - Finishing 4th in the State of Victoria for U16 girls.
- Fern O'Brien - Finishing 3rd at Regionals for 12 year girls and qualifying for the State Championships
- Nicola Muser - Finishing 3rd at Regionals for 11 year girls and qualifying for the State Championships
- Lily Gorvette-Page - Finishing 7th at Regionals for 10 year girls and qualifying for the State Championships

Juniors

Winter Nippers at Mentone LSC this Saturday 3:00pm to 5:00pm

We will do our run on the hard trails (make sure you have runners) board session and swim.

For more info contact [Greg Schmidt](#).

For the full info and Winter Nipper schedule go to [here](#).

Carnival Officials Meeting 2pm to 3pm this Saturday at Mentone LSC

Intro meeting for parents who will be volunteering to be officials. This will be hosted by Mentone LSC official guru Dwayne Cananzi. This meeting is great way to find out more about officiating at Junior Carnivals. This is especially helpful since most parents will be an official.

LSV Winter Development Squad

LSV has two Winter/Spring training Squads for next season U12 to U15 athletes. The first is the High Performance Squad which is focussed on those athletes that had an individual podium finish at State Championships. The second is the Winter Development Squad. The Winter Development Squad is focussed on those athletes who have finish roughly in the spots 4 through 10 in the individual events. LSV will be extending an invite for athletes to participate in the Winter Development Squad in the next few weeks. It will come as part of the weekly LSV Club Mail circular email sent on Wednesday or Thursday each week. If you are interested for your Nipper athlete to participate please register via the link provided in the LSV circular. If you have any questions about this program or if your Nipper athlete is right for the program please contact your age group coach or [Greg Schmidt](#).

Dates and Times for the Winter Development Squad are as follows:

Session	Date	Location	Times
1	5 August 2017	TBC	10:00am 12:30pm
2	26 August 2017	TBC	10:00am 12:30pm
3	16 Sept 2017	TBC	10:00am 12:30pm
4	21 Oct 2017	TBC	10:00am 12:30pm
5	4 Nov 2017	Lorne	10:00am 12:30pm

Term 3 Swimming Adult and Nipper at Bayside Aquatic Monday Nights

Our Mentone LSC Swimming group of Nippers and Parents will start next term on 3 July, 7:45pm to 8:45pm. Coaching will be done by Joel Simondson, Hannah Schmidt, Phoebe Wearne and Charli Kappa. We will have separate lanes for adults, Advanced Nippers and Basic Nippers. This is a great opp for parents and Nippers to work on technique and endurance (We can also accommodate next season U8s and U9s).

The cost for the full term (11 sessions) is \$70 per swimmer. There is a 50% discount for all family members beyond 2. Casual rate is \$8 per swimmer.

To pay online go to the SLS Portal [here](#)

For payment select other.

For meaningful information: enter Term 3 Swimming at Bayside for [Nipper/Adult name]

Harriet Brown Training Session 13 August Anglesea SLSC

Nutrigrain Ironwoman and World Lifesaving Ironwoman Champion, Harriet Brown will be giving surf skills clinics for Mentone LSC on 13 August. These sessions will be held at Anglesea. There will be two sessions in the afternoon for Nippers (Advanced Nipper Session and Basic Nipper Session). This is open for all Nippers U9 to U14 (next season ages) who are able to board and swim in surf conditions. Session will be assisted by Joel Simondson. Cost will be approximately \$40 per athlete.

Spaces are limited. Please let [Greg Schmidt](#) know if you would like to attend or if you have any questions.

Seniors and Masters

Mentone Seniors & Surfboat Rowing

If you and any of your friends are interested in Surf Boat Rowing please contact Peter Hurst on 0416 243271.

We have coaches & training programs ready!

Be sure to follow us on:

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