

Mentone LSC Weekly Update for 30 September

General Club News

Mentone LSC AFL Grand Saturday at the Club

For AFL Grand Final Saturday the club will be open. Come down to the club to enjoy the perfect weather on the beach with Game on the TV.

- Nippers will be running an early winters training session from 12 Noon to 2pm.
- The bar will be open from 1.30pm (strictly no BYO) with the game starting at 2.30pm.
- The BBQ will be available on the deck for those who wish to bring a snag or steak for lunch.
- \$2 sweeps will be run on the day for closest winning score, first player to goal and the Norm Smith Medalist.

Please feel free to bring your friends.

Mentone LSC Membership Renewal - Earlybird ends today

Membership renewals are now open for the 2016/15 season. To take advantage of the early bird discount, please renew and pay before 30 September. As of Oct 1 family membership is \$200 per year.

Information on creating new Members Portal accounts can found on the Mentone Website:

<http://www.mentonelsc.com/renewing-member.html>

Mentone LSC Open House, Sunday 18 October (9am - 12noon)

The Open House is for bringing in new members. Please invite your friends who may be interested in joining Mentone LSC. If you are interested in volunteering to help on the day contact Conor Hayes at conorhayes@iinet.net.au.

Juniors (Nippers)

Nipper Coaches, Age Managers and Helpers Meeting - Tuesday 13 October

The forum will take place from 7.30pm to 9pm on Tuesday October 13th at Mentone LSC. We want to encourage everyone with a formal role and those that want to help out with the program to attend. This meeting will allow us to plan out this coming Nipper season. For any questions email Conor Hayes at conorhayes@iinet.net.au.

Winter Nipper Training (including this season U14) for remainder of season

Saturday, 3 October 12noon to 2pm (watch the Grand Final with Nippers)

Saturday, 10 October 3pm to 5pm

Mentone Nippers Mini-Gold Race

To celebrate the end of Winter Nipper season we are holding the 1st Annual Mentone Mini-Gold

Run and Board Race. This event will be held during the Mentone Open house Sunday, 18 October. The race will include a run from Mentone LSC to Beaumaris LSC and a board paddle back. This is a 3.5 run and 2.7 board paddle. This event is open to all Nippers U10 and above and U9 on exception. This is a long paddle and Nippers needs to have good endurance to complete.

Registration at 9:30 for a 10:00am start.

Please contact Greg Schmidt gregoryschmidt@yahoo.com if your Nipper is interested in the race or if you would like to volunteer to help (in or out of the water).

Seniors

No training this week.

To get the latest news about Seniors activities connect with the Mentone LSC Senior Competition Page page at

<https://www.facebook.com/groups/156518138013517/>

Training and Awards

Deadline for Bronze and SRC signup is October 1. Email Andy Waters andy_waters@bigpond.com to sign up.

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Mentone LSC Publications and Promotions